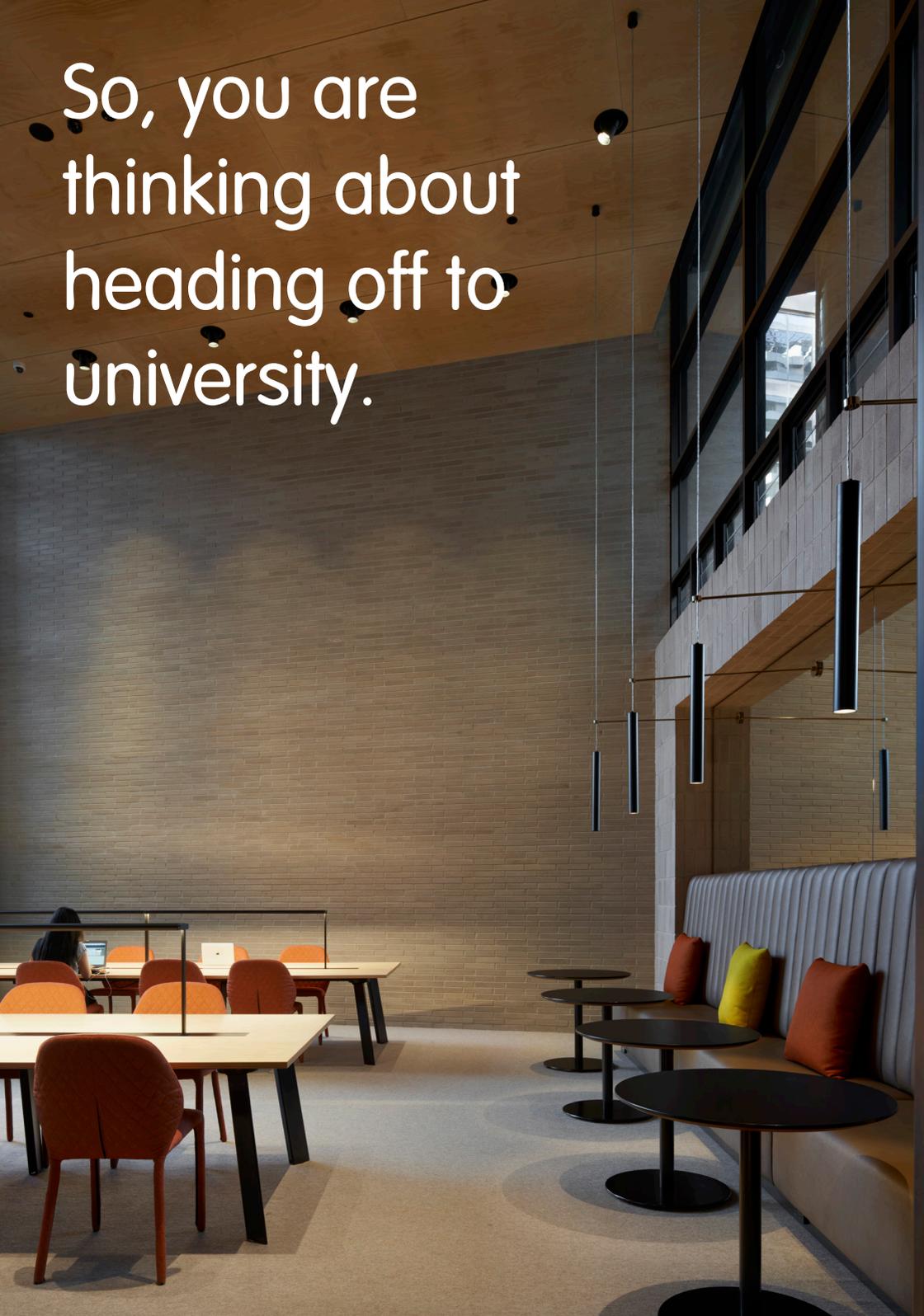




A COOL DOMESTIC STUDENT GUIDE

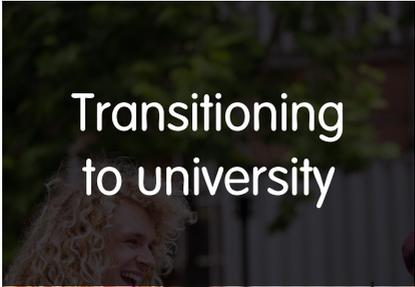
www.iglu.com.au | #livecoolatiglu

So, you are
thinking about
heading off to
university.



It's a big step and there is a huge amount to think about. As an established student accommodation partner, we have lots of experience in this field. We have worked alongside students just like you for many years and have gained a genuine understanding of what really works and what doesn't.

To help you navigate your way along this journey, we wanted to share some insights with you that will help you to make informed choices that are right for you.



Transitioning
to university



Deciding
where to live



How Iglu
can help



Tips for
settling in

Transitioning to university

Heading off to university feels like such a natural progression from school the assumption is that it will all be really easy. The reality is often very different, and this can feel quite confronting.

This transition from dependent living to independence and freedom, from familiar terrain to unfamiliar territory, can understandably lead to some anxiety and stress.

It's important to remember that even if you do have some hiccups along the way, you are absolutely not alone. These adjustment tips are designed to help you manage this next exciting phase with confidence and ease as your academic journey continues.



TAKE CONTROL

There are newfound freedoms that come with starting university which can sometimes feel overwhelming and intoxicating. If you're living away from home for the first time you might feel the additional pressures of self-budgeting and learning how to look after yourself. Recognise that there will be some adjustments to how you are used to living, and try to embrace the changes and opportunities. Soon enough you will thoroughly enjoy having the freedom to make all your own decisions.

LEARNING TO LEARN

Teaching styles at university can be very different than school. Organisational skills are key, and the emphasis is very much on individual initiative. Where school has always been there to help you, now the emphasis is firmly upon helping yourself. Stay in control of your workload by using study aids and calendar apps, have some self-awareness around your personal workload and make sure you leave enough time to actually get the work done. That way, you can use your free time to meet others and involve yourself in university events.

MAKE CONNECTIONS

Even if you live nearby or already have friends at the same university, make sure you connect with other students on the same course. Whilst old friends can be appealing, try not to limit your comfort circle to just this – it's important to be open to new relationships that will form part of the journey ahead. Your fellow students will provide a crucial support network as your studies progress, both personally and academically.

FEEL SUPPORTED

If you find any transitional issues are persisting or running slightly deeper than they should, make sure you take advantage of any support services on offer. Universities have staff on hand that are trained to deal with these issues, as well as similar services that may be available within your accommodation.

STAY COOL

Don't rush yourself. Getting in to the swing of university life is challenging for everybody – even the little things like learning to cook and clean will take some time to get right. Make sure you take time out from studying to socialise and interact. Try to keep yourself fit, eat healthily and stay active. All these little jigsaw pieces will help set you up for success.

LOVE WHERE YOU LIVE

Finding the right accommodation that complements the student experience you want to create is crucial. Decide what is important to you – whether that be location, environment, amenities or transport. There are many influencing factors to take in to consideration that can heavily impact your student life, so take some time to get this part just right.

What to look for in accommodation

Is it important to you to be close to university, or are you happy to travel each day? Do you enjoy having a like-minded community close at hand or do you crave solitude? Is it nice to have the odd amenity or are convenience and accessibility simply non-negotiable?

We all have different needs and requirements, and what works well for one may feel inconceivable to another. Here are some key considerations that can help you decide what exactly you are looking for – and what might best fit your needs.

LOCATION

If you know you're the type of student that doesn't necessarily always leave enough time to get to lectures, or simply enjoys the convenience of everything on your doorstep, then location will be a key consideration. Being situated close to transport and amenities means having an easier life – and more time to enjoy the bits in between.

COMMUNITY FEEL

Feeling part of a community will form one of the most enjoyable aspects of your time at uni. Living and studying amongst like-minded individuals creates experiences, memories and networking opportunities. Achieving a balance of enough quiet time for study and enough time to let off steam creates the perfect blend of work and social time.

SAFETY FIRST

It's crucial to feel safe and secure in your new home away from home. Check that your accommodation choice has in-built security measures such as CCTV, 24/7 onsite assistance and secure key entry.



COMPANY

Do you prefer your own space? Will you want to share your living space with friends, or maybe meet some new ones? Decide on your preferences and then work out where they can best be accommodated. Don't feel pressured to just do what your friends might decide, this is your opportunity to make your own choices.

SETTLING IN BENEFITS

If you're keen to get stuck in to university life, check out what is on offer that will help you settle in and get involved. Are there events or activities timetabled that draw the community together? How can you meet fellow students? Also consider what support is available for those times when life is not running as smooth as you might like.

BUDGET

It's also important to understand what you can actually afford. Read the small print carefully and check out inclusions such as utilities and wi-fi usage to avoid any unwelcome surprises when the bill arrives.

Types of accommodation



Whilst it might seem like there is a minefield of confusing information available, accommodation options are really very simple once you have decided what you want. When you have identified what will best suit your needs, you can then focus in on that particular sector. Let's break it down.

ON CAMPUS

Many universities have their own accommodation. These are usually on, or very close to campus and often have university staff members living on site. You can choose from a number of single or share options and even have all your meals catered for. While this option may offer a little less independence, it does bring a built-in social scene with students all from the same university – which also means plenty of distractions are available at all times. Some on-campus options have a few rules and regulations so be sure to check these out too.

OFF CAMPUS

If you like the idea of being supported by like-minded individuals but would prefer to get away from campus at the end of each day, Purpose Built Student Accommodation (PBSA) is for you. Blending an offering of independence within a safe and secure environment, PBSAs are perfect for those who enjoy a variety of people alongside a wide choice of amenities and social opportunities. Usually positioned in great locations, PBSAs offer convenience and accessibility across all areas of student life.

INDEPENDENT RENTAL

If you prefer to be fully independent of home and university, there is the traditional option of renting a house alone, or with friends. This would involve taking responsibility for the rental lease (usually for a minimum of a year) as well as signing up for utility providers such as telephone, internet, electricity and gas.

SHARE HOUSE

For those who prefer a smaller pool of company to enjoy, renting a room in an established share house is also an option. It's a good way to meet new people and allows full independence without taking on the responsibility of the lease.

Iglu is built for students

Purpose Built Student Accommodation (PBSA) has become increasingly more popular in Australia in recent times as the accommodation option of choice for a number of reasons that are steadily growing.

Today's modern students are highly sophisticated consumers carrying a certain level of expectation around the quality and availability of student accommodation: namely, that it should match the delivery of tertiary education in both proximity and quality. PBSAs provide off campus accommodation for students with all the benefits of on-campus living.

As one of Australia's leading student accommodation providers, Iglu is committed to delivering a great living experience through cool design and warm hospitality.



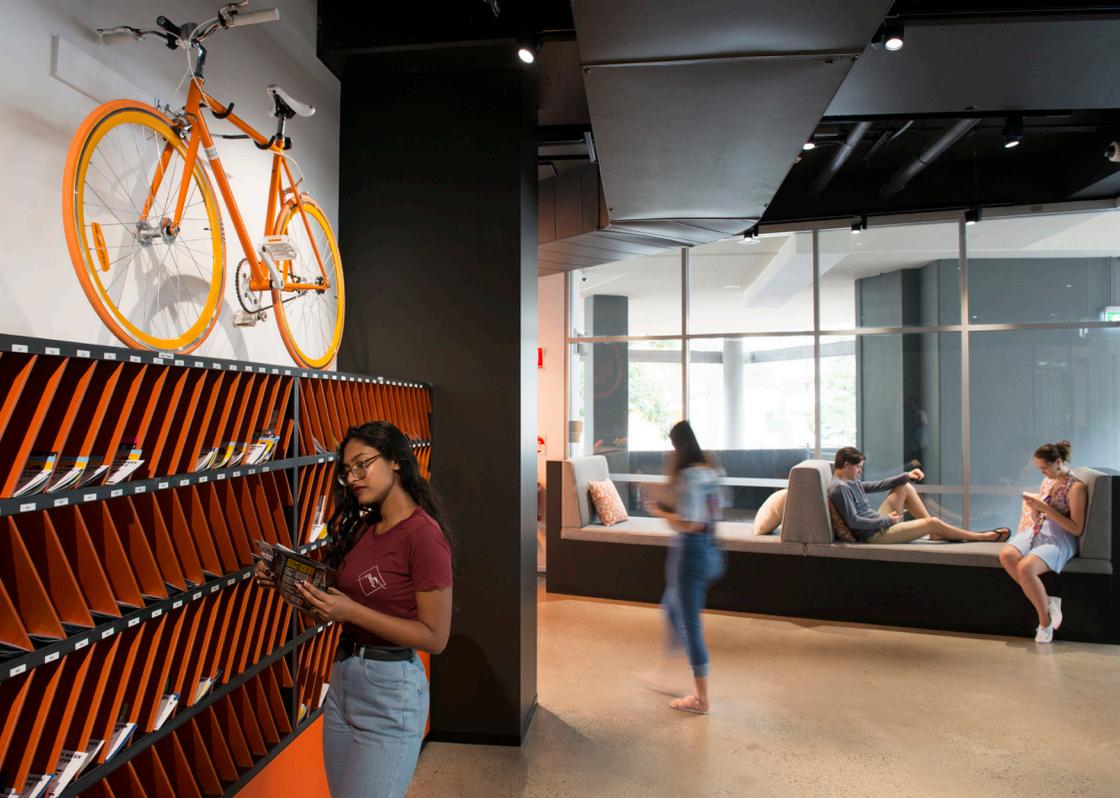
SAFETY

All Iglu properties have CCTV around the perimeter and throughout the common areas. Entry to the building, lifts and apartments is by electronic swipe card system. There is someone available to provide you with 24/7 onsite assistance and entrance to our properties outside of office hours is only permitted to those with a current room key. Very simply, your safety is our priority.



LOCATION

Each Iglu building has been appointed with location in mind. Situated close to transport and amenities it has never been easier to live life whether that's getting to campus, nipping to the shops, catching a movie, having a coffee with a friend or jumping on a train. Iglu is there to facilitate and maximise your student experience, and get you right to where you need to be.



COMMUNITY

At Iglu you can enjoy all the benefits of a built-in like-minded campus community right outside your bedroom door. With regular community events happening across the year there are endless opportunities to get involved and meet your fellow Iglu residents. We understand that the journey through university does not just come from inside a text book. You can dip in and out when needed, but know that there's always someone there to hang out with.



FLEXIBILITY

Iglu is all about flexible living, catering for many and varied interests. Take advantage of the separate social and study spaces provided; enjoy private bedrooms and en-suites in share apartments or your own studio apartment; use the fantastic modern amenities available and cook with friends – or head out for a bite. The choices are endless, and the choice is yours.

We are always
here for you



At Iglu, we care about people. We care about supporting our residents and helping them develop and grow as individuals while living in a positive and welcoming environment.

We know that student living is about more than lectures and tutorials, and that education doesn't just happen inside a classroom. We also appreciate that a balanced approach is key to succeeding in all aspects of life, and that learning to achieve that balance can be challenging.

That's why these things are at the core of everything we do.

A SUPPORTIVE ENVIRONMENT

It really doesn't take long to make good friends at Iglu, and very soon you will feel part of the Iglu family. In addition to this we have a team of Resident Leaders (RLs) living onsite who are available to talk to you about any personal stresses and strains you may be experiencing. RLs are students employed by Iglu who will understand the process you are going through, and are trained in senior first aid and emergency management.

COMMUNITY EVENTS AND WELLBEING PROGRAM

Research shows that students involved in a range of high quality extra-curricular activities have a significantly higher level of satisfaction with their university experience. We support this through our facilities and our regular program of resident community events and activities focusing on:

- » Academic Achievement (e.g. designated study space, wi-fi for all residents)
- » Physical Fitness (e.g. free fruit, onsite gyms where possible, yoga sessions)
- » Psychological Wellbeing (e.g. a friendly and welcoming team including Resident Leaders, mental health training for all staff)
- » Social Engagement (e.g. table tennis and pool tables, celebrating different cultural events and festivals)
- » Meaning and Purpose (e.g. volunteering opportunities for residents and staff, raising money for local charities)

Providing environments and resources to support and enrich the journey of residents through their tertiary education is not just our job, it is why we exist. The organisational culture of Iglu, across all levels, encourages personal and professional development in a friendly, welcoming and supportive atmosphere. Our strong and supportive communities make Iglu not just a cool place to live, but a place to call home.

Tips for settling in

Heading to university can be one of the most rewarding and memorable experiences of your life, but it's sometimes easy to get lost in all the excitement and forget about any wider challenges that may lie ahead – until they meet you face on.

To help manage this it is definitely worthwhile having a think in advance about the inevitable ripple effects that may impact your student experience, so that you are best equipped to deal with everything before it happens. Whether it's making friends, finding your way around or dealing with change, nothing is insurmountable – and at Iglu you are perfectly placed to have all the help and support you need right at hand.

CONNECT

It can be tempting to hang back with old faces, or lean on your familiar friendship group rather than reach out to new relationships when starting uni. Connecting with new peers socially, through shared experiences or through study is a sure-fire way to make new friends. Even though you may already have a bunch of friends, O-Week is the perfect way to familiarise yourself with your new campus, new tutors, fellow students and uni life. Jump on the tours, discover the library and the canteen, and figure out where the lectures are so that you're not scrabbling around 5 minutes beforehand. It's easier to put yourself out there by joining clubs and groups upfront, rather than midway through semester.

ADJUST

It's difficult getting used to the independence that uni brings. There is no one telling you what to do, when to eat or when to study, so the responsibility becomes yours – and that takes some adjustment. It might be that you are also discovering your way around a new area or how to look after yourself. First up: don't panic – adapting to your new life will take time and this is completely normal. Once the excitement has died down, prepare for a natural period of acclimatisation before you truly feel like you are at home. University is all about generating experiences and embracing this aspect will help you assimilate to your new environment.



SHARE

Feeling homesick is a normal part of living somewhere new. Bring along mementos of home such as photos that can be comforting to have around. The wonders of wi-fi make it easy to stay in touch with family and friends and it can be reassuring to set up a regular touch-point, especially in the early days. Sharing your new experiences with family and friends reinforces the awesome opportunity you have created in going to university.

ENJOY

University is not just about achieving the best academic results, it is also the chance to create some forever memories. Learn and experience new cultures and landscapes through travel and exploration, try new foods, venture out into the vastness, open your mind to the history and really absorb your new environment. If possible, try not to work for the first few months to enable you to fully immerse yourself in the experience.

BALANCE

Independent living can be expensive and budgeting for this can be stressful. Whilst it is important not to overspend it is not only the finances that have to balance out. Ensure that your studies don't take priority over your health and that your schedule is an even balance of academic, social and physical activities. Maintain a healthy diet and in turn this will impact your energies and academic output – happy body, happy mind.

Finally, feeling supported is crucial to your overall university experience. Be sure to utilise all the resources that are available to you from student services and your accommodation provider, if applicable, for any help you may need – academically or beyond.



Iglu Property Locations

BRISBANE

IGLU BRISBANE CITY

65 Mary Street
BRISBANE, QLD 4000

T: +61 7 3085 3434
E: brisbanecity@iglu.com.au

IGLU KELVIN GROVE

62 Blamey Street
Kelvin Grove QLD 4059

T: +61 7 3839 3733
E: kelvingrove@iglu.com.au

MELBOURNE

IGLU MELBOURNE CITY

229 Franklin Street
Melbourne VIC 3000

T: +61 3 9002 5600
E: melbournecity@iglu.com.au

IGLU SOUTH YARRA

8 Claremont Street
South Yarra VIC 3141

T: +61 3 9002 5610
E: southyarra@iglu.com.au

SYDNEY

IGLU BROADWAY

9 Kensington Street
Chippendale NSW 2008

T: +61 2 8024 8640
E: broadway@iglu.com.au

IGLU CENTRAL

1 Regent Street
Chippendale NSW 2008

T: +61 2 8024 8600
E: central@iglu.com.au

IGLU CENTRAL PARK

6 Central Park Avenue
Chippendale NSW 2008

T: +61 2 8024 8650
E: centralpark@iglu.com.au

IGLU CHATSWOOD

73 Albert Avenue
Chatswood NSW 2067

T: +61 2 8024 8610
E: chatswood@iglu.com.au

IGLU REDFERN

66 Regent Street
Redfern NSW 2016

T: +61 2 8024 8630
E: redfern@iglu.com.au

For more tips on transitioning to university life, visit our blog (www.iglu.com.au/blog). To read about what it's like to live at Iglu, check out our student stories (www.iglu.com.au/student-stories). For everything else, follow us on Facebook ([IgluStudentAccommodation](https://www.facebook.com/IgluStudentAccommodation)) and Instagram ([@iglustudents](https://www.instagram.com/iglustudents)).



www.iglu.com.au | [#livecoolatiglu](https://www.instagram.com/iglustudents)